Name of Lesson: Multiplex

Grade Level: 9 Subject: Health

**Purpose**:

To incorporate the outcomes of the unit into one project. Students are to take what they know and create their own Multiplex that confirms their understanding of the outcomes of the Wellness Unit.

**Learner Outcomes:**

**W9.1** -Use knowledge of a healthy, active lifestyle to promote and encourage family/peer/ community involvement

**W9.2** - Analyze how positive health habits can be supported by a variety of approaches to health practices and treatments

**W9.5 -** Develop strategies that promote healthy nutritional choices for self and others

**W9.8** - Develop strategies to promote harm reduction/risk management;

**W9.9** - Analyze and evaluate laws and policies that promote personal, community and workplace safety

**Procedure:**

- Attendance

- Review: Ask students what we have talked about and learned so far in Health

\*Answers

- What a healthy, active lifestyle is/looks like

- Nutrition

- Alternative Health Practices

- Safety (All kinds)

- Sexuality

- Sexually Transmitted Diseases

- Inform students that they are going to begin their major project for the Wellness Unit today.

- Hand out Multiplex sheets

- Read over the sheets as a class

- Discuss the points and ask students if they have questions

- Provide students with exemplars that will help them understand what is expected of them

- Have students form groups and begin brainstorming and creating a blueprint of their Multiplex

- Remind students that for the rest of the week we will be in the computer lab working on the assignment

**Links to following lessons:**

1) Students will continue to work on their Multiplex Assignment for the remainder of the week and the assignment will be due at the end of Friday’s class.

**Additional Comments/Reflection**